

For Immediate Release

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TRILLIUM HEALTH PARTNERS LAUNCHES PARTIAL HOSPITALIZATION PROGRAM

(Mississauga, ON) – Mental health patients at Trillium Health Partners can make an easy transition from hospital to home, thanks to the new Partial Hospitalization Program. Recently launched at Credit Valley Hospital, the program transitions patients with complex and persistent mental illnesses from 24/7 hospital care to a program that provides day treatment, where they are coached by an inter-professional team to effectively manage their symptoms while maintaining important ties to the community.

“This program provides a therapeutic environment to enable patients to improve their self efficiency,” says Terri Marques, Patient Care Manager. “Patients can attend the program every day and be given opportunities to learn and practice important skills in a safe environment.”

A typical day in the Partial Hospitalization Program begins at 9:30 a.m. and involves group work led by a registered therapist. Patients will learn how to build their communication skills, manage feelings and stress, learn how to re-engage in the community, problem solve and focus on short and long-term goals.

The program lasts for up to eight weeks and patients who are over 18 can be referred by their physicians.

The Canadian Mental Health Association is celebrating the 63rd annual Mental Health Awareness week from May 5 – 11.

About Trillium Health Partners:

Trillium Health Partners is the largest provider of Mental Health Services in West Toronto and Peel region. The vast array of services includes both inpatient and community-based services, so care is continued beyond the hospital walls.

Trillium Health Partners is one of the largest community-based, academically affiliated, acute care facilities in Canada, serving the growing and diverse populations of Mississauga, West Toronto and surrounding communities.

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